

# TOBEN

## 2026 SUMMER MENU - HARBOURFRONT CENTRE CAMPS

*ALL MEALS TO BE SERVED WARM.*

Week 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main	Honey Garlic Chicken Strips with Rice & Broccoli	Penne Pasta with Tomato Sauce & Parmesan	Chicken Fingers & Wedges with Plum Sauce & Ketchup	Margherita Pizza	Beef Hot Dog with Potato Wedges & Mustard + Ketchup
Vegetarian Alt	Honey Garlic Crispy Tofu Tenders with Rice & Broccoli	Penne Pasta with Tomato Sauce & Parmesan	Crispy Tofu Tenders & Wedges with Plum Sauce & Ketchup	Margherita Pizza	Veggie Hot Dog with Potato Wedges & Mustard + Ketchup
AM Snack	Cookie	Apple	Popcorn	Apple Sauce	Granola Bar
PM Snack	Veggies and Ranch	Potato Chips	Banana	Yogurt Tube	Veggies and Ranch
Drink	Fruit Juice	Fruit Juice	Fruit Juice	Fruit Juice	Fruit Juice

Week 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main	Chicken Souvlaki with Rice, Broccoli & Tzatziki	Bowtie Pasta with Tomato Sauce & Parmesan	BBQ Beef Burgers with Potato Wedges & Ketchup	Asian Meatballs with Cantonese Noodles & Broccoli	Beef Hot Dog with Potato Wedges & Mustard + Ketchup
Vegetarian Alt	Vegetable and Tofu Skewer with Rice, Broccoli & Tzatziki	Bowtie Pasta with Tomato Sauce & Parmesan	Veggie Burgers with Potato Wedges & Ketchup	Asian Tofu with Cantonese Noodles & Broccoli	Veggie Hot Dog with Potato Wedges & Mustard + Ketchup
AM Snack	Cookie	Apple	Popcorn	Apple Sauce	Granola Bar
PM Snack	Veggies and Ranch	Potato Chips	Banana	Yogurt Tube	Veggies and Ranch
Drink	Fruit Juice	Fruit Juice	Fruit Juice	Fruit Juice	Fruit Juice