



2025 SUMMER Menu for Harbourfront Centre

ALL MEALS ARE SERVED COLD

(Available in Small, Medium and Large sizes)

| Week One | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--------------------------|---|----------------------------------|--|--|---|
| Entrée 1 | Cheese Pizza Bread with Marinara dip | Sweet & Sour Chicken Wrap | Roast Beef & Cheese on a bun – Chipotle Mayo on the side | Turkey and cheese Sub with Thousand Island sauce | Charcuterie box - Nuggets, Pretzels, cheese & veggies |
| Entrée 2 Veg | Cheese Pizza Bread with Marinara dip | Vegetarian “Chicken” Hummus Wrap | Lettuce, carrot, red pepper, cheese & Marinara on a Bun | Carrot & Cucumber Sushi | Charcuterie box - Veg Nuggets, Pretzels, cheese & veggies |
| Side fruit or veg | Apple | Veggies and dip | Banana/Strawberry | Veggies and dip | Orange slices |
| Snack | DF/EF Choc Cookie | Baked potato chips | Yogurt Tube | DF/EF Oat Cookie | Popcorn |
| Drink | 100% fruit juice | 100% fruit juice | 100% fruit Juice | 100% fruit juice | 100% fruit juice |
| | | | | | |
| Week Two | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| Entrée 1 | Cheese Pizza Bread Wedges with Marinara dip | Crunchy Chicken Ranch Wrap | Smoked Turkey and Swiss Cheese Sandwich - Mayo on the side | Chicken Tenders with Ketchup | Chicken Shawarma Wrap |
| Entrée 2 Veg | Cheese Pizza Bread Wedges with Marinara dip | Vegetarian “Chicken” Ranch wrap | Carrot, Cucumber, Red Pepper, Lettuce & Hummus on Kaiser | Camper Picnic Plate Hummus, fruit, veggies & Snack Round | Veg Falafel Wrap |
| Side fruit or veg | Apple Sauce | Banana/Strawberry | Baby carrots & Dip | Orange Slices | Veggies & Dip |
| Snack | DF/EF Choc Cookie | Yogurt Tube | DF/EF Oat Cookie | Lunchie Mix | Baked potato chips |
| Drink | 100% fruit juice | 100% fruit juice | 100% fruit juice | 100% fruit juice | 100% fruit juice |